



CROSSIN' THE GULF  
MINISTRIES CHURCH

## Control Your Emotions Control Your Life

April 2024

Hello Family, Partners, and Friends. We have been endeavoring in the past few partner letters and Victory Walk newsletters to help people overcome and experience victory in the two main areas of life where they are struggling the most, in their finances and in their health.

If we conquer these two areas, we can conquer in every other area of our lives.

We can see how important these two areas are when the Apostle John revealed our Heavenly Father's greatest desire in 3 John 2 when he said (revealing the Father's will), "Beloved, I wish (or desire) Above All Thing's that you PROSPER and be in (Divine) HEALTH even as your SOUL PROSPERS." Notice two things, first, Apostle John was very close to Jesus. He was the one that revealed Jesus' core value in John 5:19, 30 where Jesus said twice, "Of my own self, I can do nothing..." which is why Jesus never sinned or missed the mark. John took this same core value; so when he spoke, he only spoke or wrote what he heard from The Spirit of God. Consequently, when he said those words in 3 John 2, he heard them from the Father revealing the Father's greatest desire for man's success, above all other things the Father could have said (i.e., if we are complete in prosperity and health, we will be whole and successful in every other area of our lives).

Second, John gave the key to prospering and being in health – "even as your SOUL PROSPERS." Soul prosperity is where we must start if we will be victorious in every other area of our lives. So, let's discuss this soul dynamic in order to develop and skillfully operate the GOD given tools of rulership over all creation (Genesis 1:26). The soul comprises of our mind, our will, and our emotions, in that order; not emotions, will, and then mind.

For most people on earth today, this is where the problems lie that is causing great struggle, sweat, and tears when it does not have to be this way. Our emotions are primarily connected to the physical environment through our five physical senses. Our mind is connected to our spirit directly. Our mind is our thinker, our will is our chooser, and our emotion is our feeler. We have been designed to think first before deciding or choosing to act; thereby, controlling the physical environment around us.

Instead, most people have been programmed to react emotionally first to the physical conditions around us making it such that we become controlled by what we are supposed to control. Note well: we have dominion over creation, creation ought NEVER to have dominion over us. We have been so duped into believing that because something looks good, feels good, tastes good, sounds good, smells good, it must be good. This is one of the greatest deceptions plaguing mankind causing them to be constantly in fear, struggling to succeed in life. No matter what they do, they always seem to come up short. Naturally, we will create stress when we use something in rebellion to its design and intended purpose.

This is why, to date, we have not yet realized how to live in divine health physically until we can correct how we operate spiritually. We can apply all the God given principles for physical well-being without first finding out how the human system is supposed to operate spiritually, and we will still struggle and die young. Psalm 1 is where we must begin.

“BLESSED ... but his delight is in the law of the LORD ... and whatsoever he does shall prosper.”

Walk in the counsel of the ungodly, stand in the way of sinners, sit in the way of the scornful are all external influences of life. Implied is another posture in this progression – walk, stand, sit then lie down. Allow all these external influences which impact our emotions first to guide us, we will eventually lie down with the devil and lose everything. However, if we delight in the law of the Lord (The WORD of GOD) which is internal, and which impacts our mind first, we will covenant with our Heavenly Father; and not matter what hell does to resist us, we will supernaturally prosper in whatever we do.

Bottom Line:

If we are emotionally driven, we will fail at everything. If we are wisdom (The WORD of GOD) driven, we will succeed at everything.

In other words, do not allow your emotions to tell you what to do, tell your emotions what it is going to do and you will end up in a place of life that will be absolutely stunning. In our partner letters, in the months ahead, we will continue this theme of spiritual well-being as the source of physical well-being with an intense passion in our hearts to see our family, partners, and friends be totally failure free.

We pray for you, we love you, we stand with you, and we are thankful for you being part of making it possible for us to transform our world and make it better. Be supernaturally BLESSED in all you do.

Need prayer? Send your prayer request to us via our website or email address at the bottom of this letter. We pray for you daily, and our staff meets weekly to pray over you. Until next time ...

Jesus is Lord,

Bishop Rene' Henderson

Psalm 23, **Psalm 91**, Isaiah 54:17, Ephesians 3:14-21, Exodus 3:21, **Numbers 6:24-26**, Ephesians 1:15-21, Colossians 1:9-14, **Colossians 3:1-17**

Has this letter BLESSED you? Pass this Partner letter on to a family member or friend and be a BLESSING to them.